# **Tour Pacing Guide**

## Please read carefully before registering for the CANDLES Auschwitz trip.

The CANDLES staff welcomes people of all abilities and will do everything within our power to accommodate any need. However, due to differences in accessibilty and standards outside of the United States, there are limitationas as to what we are able to provide and accommodate. We are happy to provide more detail to help you determine your ability to participate in each part of the trip.

Leisurely				On-the-Go

### Please read the following carefully so you are fully informed about the physical expectations of this trip:

#### Walking/Terrain:

- This tour is considered an "on-the-go" pace, which means there will be a considerable amount of walking every day of the trip. Please consider this when choosing shoes.
- The city walking terrain consists of cobblestones or marble surfaces that can be uneven at times and slick when wet.
- The walking terrain in Auschwitz is mainly gravel/dirt or larger stones and can be rough and uneven at times.

#### **Whole-Day Tours:**

• A typical day begins with a 6:00/6:30am wake up call and an evening return time of 6:00/6:30pm (not including evening meals and presentations that take place after the evening return time).

### Accessibility:

- Unlike the United States, Poland does not require their public locations to be ADA compliant. There are most likely curbs, areas with restricted or no automobile access, and stairs as the only access to upper-floor locations and lower floor/basement bathrooms. There is an elevator in the hotel.
- The bathtub/shower combination in European bathrooms is very tall, and in most cases, there are not "grab bars" for stability when entering/exiting. \*There are a very limited number of handicapped rooms or shower-only rooms available, so if you require one of these rooms, please request immediately. Availability is not guaranteed.

#### **Tours:**

- Both the Krakow city tour and Jewish Quarter tour are two-hour walking tours.
- The historic salt mine tour is also two hours in length. Access to the mine is via one of their historic mine elevators. Most walking surfaces in the mine are smooth, and the regular tour has steps that descend to each level of the mine. \*A handicap version of the salt mine tour is available and must be reserved ASAP. Availability is not guaranteed.
- We will spend three full days touring the Auschwitz camps. Each day we will walk between four-six miles. Although there are sporadic locations where one can sit to rest, there are no regularly spaced benches inside the camp grounds.

We do not wish to discourage participation in any way, so please feel free to contact us with questions you may have about tour pace, accessibility, or accommodations.

